

Notice: There are some 5000 words ahead to read. Important words to read on these days of the colossal confusion going on in this insanity ridden world. Bookmark or download the PDF copy of those words. Link: [Health. You Are What You Eat. Exactly?](#)

Health. You Are What You Eat. Exactly?



Journal—An Ongoing Dialog Between thiaBasilia And Master Yahuwah/Yahushua. ...

Sunday, May 13, 2018 at 6:28 pm.

It's been quite a day, my Father. You know it. Where are You taking me from here? Wherever it is for You to take me? You are always with me. I'll wait on You for the next step I am to take.

Monday, May 14, 2018 at 2:36 pm.

O my Father! Way earlier this morning You brought that cartoon to mind. I have related that cartoon more times than I can count because of the play of words, I found so hilarious, but!

You, my Father, did not have in mind the play of words. What did You have in mind? Ha! In Your mind?

The Humankind Diet Of Nowadays—Both Physical And Spiritual.

Exactly in Your mind? The result of our eats relating to our health both physical and spiritual. Indeed! Our health both physical or spiritual is a direct result of what we eat!

Wow! Here we are, O my Father, here we are. It's already another day, Tuesday, May 15, 2018 at 1:12 am. What's going on, my Father.

In My Sight?

Pretty much of the same things going on yesterday and for many years past—mankind progressing to the so rehashed subject of the end, oblivious to Your Mighty Authority, but!

In Your Sight?

The Plan Of Restoration To The Original Intent For Our Creation Is In Effect:

- To Love.
- To Be Loved.
- Your Cherish Family O Mighty One? Forever To be!
- The Family—A—True Story.
- The Family Roots.
- THE FAMILY—RESTORED!

Behold! The Power Of Love & Wisdom From On High Drenched Upon Us All. It Never Fails. It Always Avails!

In Mankind's Sight?

Success. Success. Success! The mind is a terrible thing to waste! I-you-we can do ANYTHING OUR MINDS SET US TO DO. Be happy. Eat! Drink! Be Merry Forever!

- Behold! The Beautiful Side Of Evil ...
- Entrapping Us All—Could It Be ...?

The Fact?

Proverbs 14:12-13

- Before every man there lies a wide and pleasant road that seems right but ends in death.

- Laughter cannot mask a heavy heart. When the laughter ends, the grief remains.

Proverbs 16:25

- Before every man there lies a wide and pleasant road he thinks is right, but it ends in death.

Luke 6:21

- What happiness there is for you who are now hungry, for you are going to be satisfied! What happiness there is for you who weep, for the time will come when you shall laugh with joy!

Mark 8:35-38

- 35 If you insist on saving your life, you will lose it. Only those who throw away their lives for my sake and for the sake of the Good News will ever know what it means to really live.
- 36 “And how does a man benefit if he gains the whole world and loses his soul in the process?
- 37 For is anything worth more than his soul?
- 38 And anyone who is ashamed of me and my message in these days of unbelief and sin, I, the Messiah, will be ashamed of him when I return in the glory of my Father, with the holy angels.”

The Naked Truth?

O my dear and beloved and faithful Reader of these lines, if you are reading this far? These lines are for you; for me; for each and every single soul connected with us. PASS THEM ON!

Even So? For This Moment? Driving On A Tiny Measure Of Faith?

It's now Tuesday, May 15, 2018 at 2:07 am. Been up for better than two hours. Went to sleep with these words to my Father in the heavens,

“Father? I am loosing faith in You. Things are as bleak as ever for Ahmad and myself. You know it. Please my Father? Show me a sign of Your evident favor to us least we fail You!”

O The Mighty Father Creator's Faithfulness? He Shows Me His Evident Favor?

I slept soundly for about 3 hrs. Woke up just past midnight. Hungry. Fixed me a cup of coffee. Fixed me some eats. Come to the computer. Checked emails?

Nothing! Absolutely Nothing Of Eternal Value.

Buy! Sell! Dream Life! Better World! Success! You can do it! I love God! I love Jesus! Be saved!
Be this! Be that! BE HAPPY!!!

Disgusted! Still feeling gloomy, I turned to the journal to record whatever! Began to write not knowing what was I to write about, but! With much ease I began to write.

It's been since Sunday I wrote the title for this post, Health. You Are What You Eat. Exactly? At that moment last Sunday? My mind was set on Ngobesing's words about the Vincent Peale Positive Thinking famous book. He states in his profile:

“I Ate That Book!”

Wow! I read those words a few months ago, but! I have not been able to forget them because, as I read those words? My heart constricted with pain and compassion for my beloved brother, but!

No Worries. Father Is In Control Of All Our Doings. So? I Been Hearing,

“He ate that book, but you ate My Scroll. Remember when I called you way back in 1987?”

Ezekiel 2:6-8

“Son of dust, don't be afraid of them; don't be frightened even though their threats are sharp and barbed and sting like scorpions. Don't be dismayed by their dark scowls. For remember, they are rebels!

You must give them my messages whether they listen or not (but they won't, for they are utter rebels).

Listen, son of dust, to what I say to you. Don't you be a rebel too! Open your mouth and eat what I give you.”

Ezekiel 3:1-3

And he said to me: “Son of dust, eat what I am giving you—eat this scroll! Then go and give its message to the people of Israel.”

So I took the scroll.

“Eat it all,” he said. And when I ate it, it tasted sweet as honey.

Wow! I think I read in another scripture ‘sweet in my mouth but it turned bitter in my stomach’ but I can’t find that scripture. Anyhow? That’s exactly as it has happened to me in the last 31 years since.

I ate the scroll, but! The bitterness my eats caused me? That’s all recorded in the journal that I keep since 1985 as instructed from on high.

Regardless all bitterness? Here is the sign of my Father’ favor. Talking about faith, hope, joy inexplicable? Wow!

Inexplicable Is The Word, But!

The power and wisdom to deliver this message? Tenfold! For this message is not a message of doom for anyone in particular. What it is then?

A Solemn Warning?

It’s a solemn warning to bring us all back home where we belong. All the warnings are to prevent us all to fall by the waist side as it will happen to whomever is appointed to happen.

Who Knows Who Is Who? O Well, Father Knows, But!

He reveals to each one of us individually who is who by their fruit or their public repentance or not.

To each one of us individually, not to the multitude, He will show whatever we need to know amid our appointed lot in life. (Jeremiah 3:14.)

Father’s Answer To Renew My Faith And Hope?

Alright! Now? The detailed answer from my Father in the heavens to renew my faith and hope in Him. Here it is in all its monumental splendor! Quote:

The Beatitudes

Luke 6:20-23

Then he turned to his disciples and said, “What happiness there is for you who are poor, for the Kingdom of God is yours!

What happiness there is for you who are now hungry, for you are going to be satisfied! What happiness there is for you who weep, for the time will come when you shall laugh with joy!

What happiness it is when others hate you and exclude you and insult you and smear your name because you are mine!

When that happens, rejoice! Yes, leap for joy! For you will have a great reward awaiting you in heaven. And you will be in good company—the ancient prophets were treated that way too!

Yahushua Pronounces Woes

Luke 6:24-26

“But, oh, the sorrows that await the rich. For they have their only happiness down here.

They are fat and prosperous now, but a time of awful hunger is before them. Their careless laughter now means sorrow then.

And what sadness is ahead for those praised by the crowds—for *false* prophets have *always* been praised.

Love Your Enemies

Luke 6:27-36.

“Listen, all of you. Love your *enemies*. Do *good* to those who *hate* you.

Pray for the happiness of those who *curse* you; implore the Creator’s blessing on those who *hurt* you.

“If someone slaps you on one cheek, let him slap the other too! If someone demands your coat, give him your shirt besides.

Give what you have to anyone who asks you for it; and when things are taken away from you, don't worry about getting them back.

Treat others as you want them to treat you.

“Do you think you deserve credit for merely loving those who love you? Even the godless do that!

And if you do good only to those who do you good—is that so wonderful? Even sinners do that much!

And if you lend money only to those who can repay you, what good is that? Even the most wicked will lend to their own kind for full return!

“Love your *enemies*! Do good to *them*! Lend to *them*! And don't be concerned about the fact that they won't repay. Then your reward from heaven will be very great, and you will truly be acting as sons of God: for he is kind to the *unthankful* and to those who are *very wicked*.

“Try to show as much compassion as your Father does.

Judging Others

Luke 6:37-42.

“Never criticize or condemn—or it will all come back on you. Go easy on others; then they will do the same for you.

For if you give, you will get! Your gift will return to you in full and overflowing measure, pressed down, shaken together to make room for more, and running over. Whatever measure you use to give—large or small—will be used to measure what is given back to you.”

Here are some of the story-illustrations Jesus used in his sermons: “What good is it for one blind man to lead another? He will fall into a ditch and pull the other down with him.

How can a student know more than his teacher? But if he works hard, he may learn as much.

“And why quibble about the speck in someone else’s eye—his little fault—when a board is in your own?

How can you think of saying to him, ‘Brother, let me help you get rid of that speck in your eye,’ when you can’t see past the board in yours? Hypocrite! First get rid of the board, and then perhaps you can see well enough to deal with his speck!

A Tree and Its Fruit

Luke 6:43-46.

“A tree from good stock doesn’t produce scrub fruit nor do trees from poor stock produce choice fruit.

A tree is identified by the kind of fruit it produces. Figs never grow on thorns, or grapes on bramble bushes.

A good man produces good deeds from a good heart. And an evil man produces evil deeds from his hidden wickedness. Whatever is in the heart overflows into speech.

Build Your House on the Rock

“So, why do you call me ‘Lord’ when you won’t obey me?

Luke 6:47-49.

But all those who come and listen and obey me are like a man who builds a house on a strong foundation laid upon the underlying rock. When the floodwaters rise and break against the house, it stands firm, for it is strongly built.

“But those who listen and don't obey are like a man who builds a house without a foundation. When the floods sweep down against that house, it crumbles into a heap of ruins.”

My Rewed Thoughts In Closing?

WOW! ASTONISHED is the word to define my estate of the moment. I wrote the heading to close this post, and? Went about my business for a moment.

Dear Reader, after a while I came back to the computer thinking about the importance of what I had just written.

I thought about inserting a notice at first sight when you open the site, but didn't know how to insert it in the theme that I am using, so?

I headed to the documentation of the theme to see how to do it, but! I read a little bit and I became drowsy. I headed to bed thanking my Father for sleep, and? Astonishment! I wrote it all in a comment. Quote.

Astonish! I dreamed of killing a large snake in a pipe I was holding in my hands. The tail came out first. I started to pull it and the same time hollering for help, but! the head of the snake pop-up and I firmly grabbed its jaws and twisted its head vigorously until it was killed! I dusted my hands with such satisfaction and I woke up! WOW! Before that scene? I was in a house with somebody. We came out of the house and saw what I thought to be an airplane, we could see the two pilots and I began to wave my hands to say hello! but then I realized that was not an airplane but a ship. I saw the people coming out and walking towards me. Happy people not like wore out tourists. I was saying to them 'you all had a good time?' A young lady came to me and asked, 'Is this where I catch the bus for Lithuania? I say I don't know but let's ask. She turned to a young man that only waved his hand to a direction but kept going his way. I grabbed the young lady's hand to comfort her, telling her not to pay attention to that rude man, then? This smiling old woman stepped in and hug and kissed the young woman and I woke up. Wondering what was all about and where was Lithuania? I dropped back into slumber and that's when I found myself holding that pipe

with the snake that I killed with my bare hands! Unbelievable how your interpretation decipheres my dream so much as what is happening in my life right now. Please visit my blog. Thanks, thiaBasilia.

Ah! I left out one thing, after the old lady hugged the young woman? I walked towards the entrance of where the people came from thinking it was a ship, but! I say, "It's a tour bus and I began to step in with much ease and then I woke up.

All that happened around a couple hours ago. It's now 8:29 am and? I still feel my heart pumping, why?

Why My Heart Pumps In Awesome Fear?

Simple, the way my Father communicates with me more than for the meaning of my dream is! My heart is pumping as I realize WHO in fact speaks to me in these crucial moments I must pass through.

Father talks to me all the time as my Father to His little child, but! This time more than ever before? His voice resounded within and without me like the time He spoke to all in the Mountain.

Exodus 19:16 On the morning of the third day there was a terrific thunder and lightning storm, and a huge cloud came down upon the mountain, and there was a long, loud blast as from a ram's horn; and all the people trembled.

Likewise, I trembled when I woke up and? I am still trembling as I found out the meaning of the dream,

What does it mean to dream of killing a snake with bare hands? If you killed a snake with your bare hands in your dreams, it represents the strength within - that you didn't even know existed. You will finally stand up for yourself, and for what you believe, even if it means standing alone. This dream can imply dealing with other people's bullshit and you're taking the control over your life again. You do not wish to live by society rules and you're ready to move forward in life. Dreaming of killing a snake with bare hands also represents danger. You will have to be more careful in life. Someone who's jealous of your progress will try to harm you in the most

unexpected way. However, you shouldn't give up. Tell the truth, even if it hurts people. It's better than a deadly experience.

What is a symbolic meaning of killing a snake? The killing of a snake in your dream is a symbol of rebirth, victory over depression and inner issues. You will experience a spiritual awakening. It is a sign to keep fighting and never give up. Your determination to improve your life and accomplish your dreams will inspire many. You will become an inspiration to others. The symbolic meaning of killing a snake also relates to your spirit inside. You have an invincible spirit. No matter how hard you get hit, you always find the strength to pick yourself up.

What is the biblical meaning of killing a snake in a dream? The snake itself is supposed to be considered a "spirited animal" and this is connected to the Holy Spirit. After all, the snake has been the key element in the account of Adam and Eve and the fact that snakes represent temptation, difficulties in life and above all confusion. In Chinese mythology the biblical sign of a snake is associated with money, fortune and wealth. The biblical narratives regarding serpents and God state that we understand that the snake can suffer a great deal. In Jer (46:22) it implies that the snakes glide. There are various biblical stories about snakes and there's a great deal of writing devoted to being bitten by the snake. For example, Psalm 58 details that wicked people have the "venom of a serpent." There are also additional accounts of the serpent and his wisdom. I'm going to talk about this because the killing of snakes and the biblical viewpoint can also indicate either the fact that you are killing somebody who is going to deceive you or killing the wisdom that you hold within. I could go on and on about the biblical meaning of snakes and perhaps this needs a separate section of its own but for now, I will just leave you thinking about deception and wisdom in regards to the biblical meaning of killing snakes in your dream.

What's the Islamic interpretation of killing a snake? The Islamic interpretation of killing a snake in your dream is related to enemies. Someone very powerful and

rich will try to harm you. Their money is their only power. However, you have a much powerful weapon – your fate in God and your hope to live a long and happy life. With such weapons, your victory over your enemies is inevitable. Money can buy respect and happiness.

Father's Interpretation?

My Father's interpretation coming to me after he sent me to lookup the meaning of the dream. The number one thing I saw in my dream was Lithuania. So? I look it up. Wow! Where is Lithuania?

[What is the capital of Lithuania?](#)

Located in the continent of [Europe](#), [Lithuania](#) covers 62,680 square kilometers of land and 2,620 square kilometers of water, making it the 124th largest nation in the world with a total area of 65,300 square kilometers.

Lithuania became an independent state in 1918, after gaining its sovereignty from Russia. The population of Lithuania is 3,525,761 (2012) and the nation has a density of 56 people per square kilometer.

Will Father send me to Lithuania? I don't think so, but! If I remember correctly I have either a liking or a follower from Lithuania.

Don't know yet what Father has in mind there. Now? For the rest of the interpretations? Father has deciphered those even further.

The pipe I was holding in my hands?

It represents my losing of faith in my Father's promise to fulfill the dream He has implanted within me. Been doubting Him thinking such dream to be just a 'pipe' dream in my head.

The large snake?

It represents all temptation, difficulties in life and above all confusion that has attempted to invade my being for the longest, but!

ALL that, temptation, difficulties in life and above all confusion? Destroyed once for all. Instead?

The Mighty Power of His Spirit within me?

The FEAR of my MASTER took hold of my head this time to no return—forever! Even if I am physically calm now? That FEAR shall remain there to stay for eternity. Why?

The FEAR of the Almighty Creator of our beings is the beginning of ALL wisdom. Trembling I shall pronounce His words to me and to the people from now on and forever.

Should anyone listen or not? To each his own. As for me? I shall follow the MASTER of my being—my Shepherd—my Father even with the last breath I could take on this valley of death the we are all traveling on.

In silence, I worship You, my Father. Meantime and until the next post? His love in my heart for you and for all stays there to stay for eternity, your sister, not thiaBasilia anymore. Why? Because I am not the Author of the message in the posts.

Well? O My Father! My Life Continues On Cue. Your Cue.

Journal—An Ongoing Dialog Between thiaBasilia And Master Yahuwah/Yahushua. ...

Tuesday, May 15, 2018 at 4:07 pm.

Father? This is the time of the day when I go down, but! You know it my Father. So? You take care of me. You put me to sleep, to rest in You.

Today? I finished the 3645 words post that You inspired to me since Sunday and I am to post next, but! I just don't have the getup and go to do anymore today. I'm heading for bed.

Wednesday, May 16, 2018 at 5:18 am.

Well? O my Father! My life continues on cue. Your cue. My times are in Your hands, no question about it. How long have I longed for my young friend to communicate with Your Spirit within me?

I can't count the days, but! You can. You know the deepest longings in my heart. You promised to satisfy them all, and? You are true to Your promises. You are true to Yourself!

Yesterday? O Mighty One! Yesterday You came down to my world in Your own splendor, but! Though that I am still trembling? I am also the human being that You created, and?

You have chosen my lot for my existence in this insanity ridden world. Can I alter that given lot to me? Certainly! Only in that case?

My lot is no longer genuine. My lot becomes a counterfeit of what I am meant to be, and? The insanity of this world permeates from the deepest part of my being.

Misery of miseries! Vanity! Futility! Disgusted cartoon destined for doom, destined in the pit of hell to loom. Faced with the lack of the splendor of Your Presence. Dead.

Dead I now live in this terrain, would You leave me dead forever to remain? My punishment is more than I can bear!

Genesis 4:11-15

You are hereby banished from this ground which you have defiled with your brother's blood.

No longer will it yield crops for you, even if you toil on it forever! From now on you will be a fugitive and a tramp upon the earth, wandering from place to place."

Cain replied to the Master, "My punishment is greater than I can bear.

For you have banished me from my farm and from you, and made me a fugitive and a tramp; and everyone who sees me will try to kill me."

The Master replied, "They won't kill you, for I will give seven times your punishment to anyone who does." Then the Master put an identifying mark on Cain as a warning not to kill him.

Wow! No wonder why all the attempts from Satan disguised as a human being have failed to destroy the disgusted cartoon destined for doom that I used to be

Wow! And now? the Messiah—Yahushua—the Wisdom and Power of the Almighty!

I know very well how foolish it sounds to those who are lost, when they hear that Yahushua died to save them. But we who are saved recognize this message as the very power of the Almighty Creator.

For the Almighty Creator says, “I will destroy all human plans of salvation no matter how wise they seem to be, and ignore the best ideas of men, even the most brilliant of them.”

So what about these wise men, these scholars, these brilliant debaters of this world’s great affairs? the Almighty Creator has made them all look foolish and shown their wisdom to be useless nonsense.

For the Almighty Creator in his wisdom saw to it that the world would never find the Almighty Creator through human brilliance, and then he stepped in and saved all those who believed his message, which the world calls foolish and silly.

It seems foolish to the Jews because they want a sign from heaven as proof that what is preached is true; and it is foolish to the Gentiles because they believe only what agrees with their philosophy and seems wise to them.

So when we preach about Christ dying to save them, the Jews are offended and the Gentiles say it’s all nonsense.

But the Almighty Creator has opened the eyes of those called to salvation, both Jews and Gentiles, to see that Christ is the mighty power of the Almighty Creator to save them; Christ himself is the center of the Almighty Creator’s wise plan for their salvation.

This so-called “foolish” plan of the Almighty Creator is far wiser than the wisest plan of the wisest man, and the Almighty Creator in his weakness—Christ dying on the cross—is far stronger than any man.

Notice among yourselves, dear brothers, that few of you who follow Christ have big names or power or wealth.

Instead, the Almighty Creator has deliberately chosen to use ideas the world considers foolish and of little worth in order to shame those people considered by the world as wise and great.

He has chosen a plan despised by the world, counted as nothing at all, and used it to bring down to nothing those the world considers great, so that no one anywhere can ever brag in the presence of the Almighty Creator.

For it is from the Almighty Creator alone that you have your life through Christ Yahushua. He showed us the Almighty Creator’s plan of salvation; he was the one who made us acceptable to the Almighty Creator; he made us pure and holy and gave himself to purchase our salvation.

As it says in the Scriptures, “If anyone is going to boast, let him boast only of what the Master has done.”

So there you have the fact that cannot be altered without the deadly consequences of our altering facts. No need to elaborate.

Only need for the people in this insanity ridden world, including me along all human beings whether religious or not?

Only need for us all to heed the words from the heart of our Almighty Father/Creator of our beings whether we recognize Him as our Father Creator or not.

The Almighty Creator of our beings aim is to save the whole insane world not just us religious foolish souls that we have made of ourselves.

Regardless our foolishness? The Almighty Loving Father/Creator is restoring life unto us for the sake of His name—what His name stands for. Therefore? The Almighty has a plan.

The Plan Of Restoration To The Original Intent For Our Creation Is In Effect.

- To Be Loved.
- To Love.
- Your Cherish Family O Mighty One? Forever To be!

Behold! The Power Of His Love & Wisdom From On High Drenched Upon Us All. It Never Fails. It Always Avails!

Behold! The Beautiful Side Of Evil—Entrapping Us All—Could It Be ...?

Regardless!

The Family—A—True Story

The Family Roots

THE FAMILY—RESTORED!

For His name sake, for His name sake He will do it—the Almighty Loving Father/Creator shall restored His children despite the enemy's foul attempts to destroy the Almighty's creation including us human beings that we are.

Thus? My story is developing so far—one instrument in the Almighty's hand to restored His children amid my lot in life.

Ready And Steady?

Thus yesterday? A memorable day set within my being by the hand of my Master. Whatever is coming next? He has now this instrument ready and steady set to abide in His secret place of obedience and submission to His loving care.

Meantime and until the next post? His love in my heart for you and for all stays there to stay for eternity, your sister, not thiaBasilia anymore. Why? Because I am not the Author of the message in the posts.